

Homeopathy and the Corona virus Pandemic (Covid-19)

Differentiating the main remedies according
to the experience of Farokh Master M.D.

(Summary from the webinar 30 March 2020 created by Ronald Van Beneden and René Otter)



E-learning course

If Farokh Master has enough time soon, you will find [on this website](#) information about his E-learning course: ***How to treat Colds, Influenza and Pneumonia.***

If you like to receive information when it had come available, make sure you register your email via the contact form.

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Text of webinar part 1



<https://youtu.be/xXZLp9wjmj4>

The first 3 days after the infection

The flu-like symptoms, the cough and cold type of symptom, nothing typical comes out in the first three days. It's like a typical ordinary influenza type of picture. It is the first appearance of a flu-like condition and develops within the first 3 to 8 hours. So, the symptoms don't appear immediately.

A few days before the entire episode starts, there is a **mild headache**. So mild that you hardly give attention to it and you don't realize what will come tomorrow. Possibly with a **mild feverish** feeling.

A distant pain. And a little mucous discharge catarrh. You feel sleepy, maybe not wanting to get up from the bed and feel like not wanting to do anything. In the night you go to bed and the next morning when you wake up it is going to be a rotten feeling, you don't want to get up, torpor.

In this stage if you think about a homeopathic remedy Gelsemium fits that very well.

GELSEMIUM

The identifying features will be.

Fine tremulousness not actually tremor. A very fine degree of tremulousness when you hold the hand of the patient. You feel a slight trembling in the patient when you put your hand on him. You also notice it when he tries to get out of bed tremulousness. Or when they hold a glass of tea or milk by hand you will see little tremors in the hand, little shakiness.

You notice when the patient gets up that he looks half sleepy, half awake. So that is what you will see after the patient is waking up. So, you notice that when the patient gets up, a few hours after getting up, he starts to develop a headache.

When the headache becomes more worse there is a general aching, general soreness, especially in the muscles. This is a deep-seated pain, a superficial pain. But this kind of aching is a symptom that is very important.



During the next day or the night that follows, they can come violent sneezing, a running nose, and the nose feels slightly blocked at the root of the nose. Like something wat you can see in Kali-bi.

You wil not see much tonsillitis. That is the characteristic of Gelsemium.

There is not much redness in the throat, you will not see it is inflamed at this stage even if the throat may look red, it is not so inflamed as in other remedies.

But the ears are mostly involved. And so, in the ears you have a little stabbing pain. The ears may veel a little blocked.

The patients are quite thirstless, and he looks dull, half asleep, with tremors. These are the key symptoms in the first 3 days of suffering. When you think of a remedy think Gelsemium.

René: How is the temperature in general?

Temperature is not much. He may have a feverish feeling but when you use a thermometer it may not show a temperature for him.

And then there are other remedies also you can think of, because it is not always Gelsemium that covers all the symptoms.

BAPTISIA TINCTORA

Especially most important other remedy that comes close to Gelsemium is Baptisia tinctora.

The patient is more affected, more toxic. Now wat do I mean by the word toxic. The first thing I will say the pulse becomes higher, suddenly accelerates for no reason. So suddenly for no reason the pulse becomes higher.

The inflammation in the throat is more inflamed and much more dark red. That's the second thing.

Swallowing becomes a little difficult.

The head may be more heavy.

The person becomes dull, of course Gelsemium is also half sleepy, but here in Baptisia the remedy as got extreme dullness, very close to indifferent but not actually indifferent, but very close to indifference.

And then de bone pain, the body ache is very much strong, and especially in the joints.

DD: Now think there is a difference, Gelsemium is muscles Baptisia is joints that is a mark difference between dose two.

This is how you try to differentiate between the remedies Baptisia and Gelsemium. I don't want to show you repertory rubrics now, you are already smart enough to look them up.

So, let us go to another remedy witch also resemble Gelsemium.

The remedy Gelsemium is the main fish and now we will discuss the little smaller fishes that go's around Gelsemium.

BRYONIA ALBA

The next remedy we discuss is Bryonia alba.

Remember if Gels symptoms come in a few hours, Bryonia symptoms comes after at least 12 to 13 hours.

So Bryonia state comes a little later than the Gelsemium state.

In the beginning I had said Gelsemium patients have a very weak headache, a little tiredness to begin with.

Bryonia patients never start like that. The starting point of Bryonia is directly dullness, is directly heaviness, is directly congestion.

And the key symptom is a puffy face, the face looks puffy rather swollen.

And emotionally, they are quite depressed, and despondent.

Does not feel like they want to give you an answer to your question.

There is no anxiety like in Arsenicum. They are more despondent; they are more depressed.

They don't have a fear what is happening to them like Arsenicum.

They do feel they are really ill and are very worried about their condition. That is the type of feeling that they get.

They are very difficult to please at that time, so the irritability element comes here for the remedy Bryonia. They refuse everything that comes near them, If you will ask: Drink your water, they say No. Take your medication: No. Take your pills: No. eat your meal: No. Drink No. Everything is No. They refuse everything, They refuse everything you do to satisfy them and say no, no then suddenly they ask for their favorite juice or the favorite drink after saying no.

That kind of psychological behavior is characteristic, This is called capriciousness. Say no to everything and then suddenly Yes now I want it. that's how they feel.

I told if they ask for something it is usually plain cold water.

This is what Bryonia needs plain cold water ask for large amounts of cold water.

If you keep Bryonia patients in a very warm room without a fan, closed windows and doors, they will feel very uncomfortable. This is very important a Bryonia patient does not want a closed room, closed windows, closed doors, rooms without a fan.

Also, an important symptom is the joints are painful to the touch. If you touch a joint, they will say auw, auw, they don't want you to come near them (a little like Arnica don't come near me). But Bryonia will allow you to come near him but "don't touch me". While Arnica doesn't want you to come close.

And any heat, heat in any form is a big enemy of Bryonia. Remember that he. So, it is a very hot patient that you are looking at.



They have a throbbing, throbbing headache like belladonna. Many think that only Belladonna has a throbbing headache, this is wrong, look in the repertory.

The headache is more congestive, throbbing.

The area a Bryonia usually show is the forehead. So, the front portion of the head is very important.

Then there is another important differentiation in Baptisia the eyes are congested, while in Bryonia they see never match condition in the eyes.

In Gelsemium you will see also congestion in the eyes, while in Bryonia you do not see this type of congestion.

But in Bryonia the eyes are sensitive to pressure and he will not allow you to touch their eyes because the eyes have a feeling of soreness.

That is very important and then after 3 to 4 days of suffering like this Bryonia will develops digestive symptoms or gastric disturbances.

This becomes much more as the influenza slowly goes into pneumonia. So, this is very important.

Years ago, doctor Borland mentioned this in Bryonia. If you read his book on pneumonia's. He very nicely gives you a hint: When the Bryonia abdominal or gastric symptoms become much more prominent as the pneumonia draws nearer. Please note this is very important to understand.

And then the appetite is usually zero. They do not want to eat fore 24h, 48h, and if you force them to eat, even a few morsels, everything ends in aggravation. So, this is another characteristic that if the eat they go into aggravation, they may develop some gastric symptoms.

When this kind of things happen, remember this is not a simple Bryonia influenza, but this influenza is slowly but steadily progressing to pneumonia.

Because they do not take any food, they will be constipated, a very hard stool, a very large stool.

Most of the aggravations of Bryonia are during daytime. Bryonia is not a nighttime aggravating remedy, but a mainly a daytime aggravation remedy.

So now we have talked about Gels., Bapt. en Bryonia let us now talk about another remedy.

René: You mentioned about Bryonia thirst, is it a normal thirst or a lot of thirst?

Answer: So here I am discussing materia medica versus my patient's experiences.

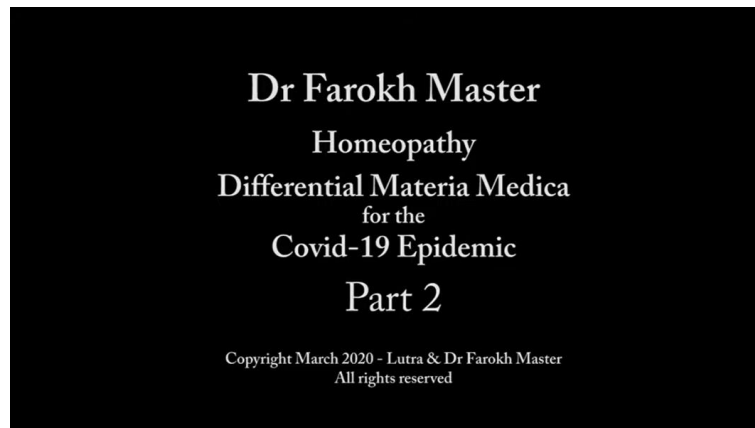
So far wat I have seen: They want water, but just plain cold water and I am not able to tell you which certainty that they require a huge quantity like the materia medica image, or small quantities frequently like Arsenicum. So, this are characteristic clinical pictures witch we don't see in our practice.

Rene: And the second thing mentioned of Bryonia is that it has stitching pains?



Answer: I didn't see that kind of pain as I said it is more throbbing and a congestive pain. So, I am just sharing you my covid-19 experiences even if the picture in the materia medica may be slightly different. But I have verified it in the repertory, and it does. So, I am talking about my observation.

Text of webinar part 2



<https://youtu.be/xT-2dZoz6mA>

EUPATORY PERFOLIATIUM.

This is like Aconitum, quick. Everything happens very quick in Eupatorium with influenza like of picture in the first 3 days.

In Gelsemium and Bryonia I have said it has a period of very little sick. You don't feel too well and don't want to do anything. You don't want to get up in the bed, and the next day morning you get awake you develop symptoms.

No, in Eupatorium everything comes immediately at one time quickly.

So, you have got joint pains, you have a headache, a feverish feeling everything comes at the same time.

Here, and this is important, in Gelsemium I used the word soreness, in Baptisia I used the word soreness, but in Eupatorium the patient will use the word as if dislocated. Many times, you have dislocated in the shoulder or in some other joint. The type of feeling that you get, and it is a very deep-seated pain like Baptisia, and with this pain and now comes a key symptom is **restlessness**.

Many people don't know that the Eupatorium patient have tremendous restlessness and they try to ease the pain in one form or the other by becoming very restless.

The pain is so much that they try to become restless with the pain. So that is characteristic.

Another important characteristic is the Eupatorium patient never sweats. They hardly sweat. So sweat is only 5%, but Bryonia sweats a lot. So that's how you can differentiate Bryonia and Eupatorium.

And Eupatorium as we all now has the bone type of pain,

Another characteristic is (same like in Bryonia), they love cold water.

But Bryonia want much more cold water, a lot of ice in the water is characteristic of Eupatorium.

So, Eupatorium is more ice and less water.

More water and less ice are Bryonia you can say it like that.

Day 4, 5, 6.

Now we go to the fourth day till six days after the infection.

I am giving you just a few indications.

Now this is the indication: Not on the very first day this was I wanted to tell you. So, this means it is not indicated during the first days.

After 4 to 6 days the Larynx becomes affected, the throat getting affected.

You will develop an actual fever, and some gastric symptoms will come, mostly diarrhea.

We see that diarrhea symptoms are not common in many countries after covid infection. Some countries do not have any digestive symptoms. In other countries, like in Thailand, there is not much diarrhea like in India.

On the fourth or fifth day the weakness starts, and by the end of seventh day a, the weakness becomes tremendous.

This weakness is more present in the hands and legs.

The aches and pains are more in the fingers.

This is what I saw in covid patients.

After 5 to 6 days later part, you will see a mild breathlessness, very little.

They are talking on the phone, they are talking to somebody, they get this kind of breathless.

And the throat complaints are worse while eating and drinking.

These are Covid symptoms that we see between the fourth and sixth, or seventh day. I would say at the end of the week after the infection.

RHUS TOXICODENDRON

I see a remedy that we use frequently at the end of the week, that is Rhus-t.

Because Rhus-t symptoms develop very gradually. It takes time. We don't use this remedy in the beginning.



You never see in Rhus-t that the temperature becomes 103F / 39.5C, 104F / 40C on the first day.

The very first day the temperature is a slight increase from 99F / 37.2C to 37.5C degrees, to rise after 3 to 4 days to 38,8C degrees.

It's a slow progressing kind of Covid infection that you will see in Rhus-t.

But the aching of the muscles and the joints is extremely high from the first day. That is characteristic. The muscles as well as the joints are affected.

And another thing is they have marked sensitivity tongue or marked sensitivity of the lips.

They can have something to do with the oral cavity, either the teeth become sensitive, the lips become sensitive, the tongue, the mouth become sensitive and it is painful.

So, they will show you the jaw area, the mouth areas there is a pain.

It is not the throat.

If you see this type of symptoms, you can be 100% sure that this is a case is for Rhus-t.

And within 24 to 48 hours you will see they get violent abdominal pain.

So, this is how when the gastric symptoms come.

And the pain is more on the right side.

You all now that the Rhus-t complaints are usually on the right side in the caecum region or the lower region of the colon.

It is very much tender, and then with this violent pain on the lower colon on the lower side there is a sputtering diarrhea.

It is highly offensive, stinking and marked tenderness of the abdomen.

The person does not allow you to touch it.

So, this is the remedy indicated between the fifth, sixth and seventh day.

Now here two things can happen, we go back to the Covid patients that I have seen.

Here you will see the fever in progress.

The respiration which was very mild will become more breathless; coughing will start, and the patient becomes more toxic.

At this point it is time to observe what is happening in the patient. Depending on this observation, you select a remedy.

What I do, I just tell you my experience? On the sixth or seventh day of the story of the patient.

PYROGENIUM

Between the sixth and the seventh day I see the temperature is rising very high, but the person is very active. So, he will read a newspaper for example, but at the same time you will see a temperature of 103F / 39.5C degrees fever.

He is able to solve a puzzle to complete a sudoku, he may be watching TV despite the high fever. Such a person is able to read, write and have a high temperature. Mentally active, they talk, chat and want a conversation, especially in the evening hours, then this is a case of Pyrogenium.

And then when the fever gets very high, they become delirious.

Most often this condition occurs in the evening or at night and never during the day.

This is very important that with very high fever the mind and brain are overactive, this is a keynote I would say.

And generalizes body ache, the whole body from head to foot very sensitive to pressure like in Arnica don't come near me, don't touch me.

Very restless, at that moment you may confuse this remedy with Rhus-t or with Arsenicum because these remedies are very close to each other, but as I said Bryonia and Rhus-t patient, if you need to differentiate: the gastric symptoms are very characteristic in Rhus-t on the right side.

One more thing I forgot about Rhus-t which I like to add: Rhus-t can present with some urticaria, or with some skin rash with the influenza type of picture.

If you see a Pyrogenium patient you should look at the tongue. The tongue may be completely dry or no coating or it can be dry red but very painful, full of cracks and very hot.

So, the picture of the tongue is Pyrogenium varies, it is not one picture that you will see always. So, I repeat it can be totally uncoated or it could be totally red, deep red and dry, and hot, and cracks.

This is associated, this kind of tongue when there are a lot of catarrh symptoms.

When there are a lot of discharges from the nose, the eyes, from the throat.

This is the time the cough starts and bring out little phlegm's.

This comes late in the Covid cases after seven days. This is how it can present.

And the involvement of the larynx is very common in Pyrogenium. There is a rawness, soreness and burning in the larynx.

There is sticky mucus in the larynx and the patient constantly clears the throat they try to bring out, and if they bring out it is sticky, stringy, yellow like Kali-bi and Hydrastis canadensis (Hydr).

Some patients complained to me about ringing in the ears. There is a ringing in the ears, the ears are obstructed, or the mastoid processus is a little tender is sensitive to touch.

It is always the right ear that is more affected than the left ear that I see in Pyrogenium.

The abdominal complaints are usually offensive diarrhea, with a watery stool.

The books mention about the pulse. The pulse and the fever ratio is not proportional in Pyrogenium. But this is not a must honestly even with a normal ratio I will give Pyrogenium and it is acting.

I rater depending on other symptoms of Pyrogenium than on this symptom that the pulse and temperature ratio is not proportioned.

MERCURIUS SOLUBILIS

The remedy that mimics Pyrogenium and is close to it is in the materia medica in my experience is Mercurius solubilis, it comes very close.

But Mercury if you have to differentiate the presentation begins in Mercury with severe catarrh.

So you will see a lot of lachrymation, conjunctivitis, burning tears, excoriation, cuts in the angle of the mouth, redness of the tongue, Increased thirst, throat pain and a severe photophobia.

If you see this picture as from the very beginning remember that you are dealing with a patient who need Mercurius solubilis.

Mercury also has little puffiness of the face.

They have a feeling that the ears are stopped, a buzzing sound in the ear, the ears are tender. The ears are tender painful in a gentle manner.

They have no appetite and a lot of aphthae in the mouth.

And again, the same as with Gelsemium, the hands are shacking, the hands are trembling.

There is an extreme amount of radiant heat coming from the eyes. When you see that kind of picture you should think of a remedy Mercury.

Mercury has also constipation. Mercury are thirsty patients. They want also cold water to drink.

Keep in mind that the temperature in India are constantly between 27 and 30 degrees Celsius, so thirst is very common in Indian, so being thirstless is characteristic in India.

But I speak about other countries where you can see this.



Rene Question: If I understand correctly Merc can be used right from the beginning? Answer: it could come, but I have not seen it yet.

Text of webinar part 3



<https://youtu.be/XOYyxHZJuz8>

Day 7, 8, 9

KALIUM BICHROMIUM

So now we go to a remedy that you can use from the seventh, eighth, ninth day after the infection.

I see that the patient is more depressed and discouraged. And that is a stage of Kali-bi.

The face looks pale, with red blotches on the face.

Severely hopeless and discouraged feeling. For a moment you might think it is an Aurum metallicum case? No, Kali-bi Patients also feel discouraged, hopeless.

They are weak, tired and they will tell you Please allow leave me in peace, don't enter the room, don't comes to meet me. I don't to feel I want talking with you.

They are extremely chilly. Kali-bi are patients who are extremely chilly during this kind of illnesses.

The worst period is in the morning. Especially between 6 AM / 6.00 and 8 AM. / 8.00 This is very important.

But the temperature will increase during the night: between 2 AM and 3 AM after midnight.

But in general, 6 AM / 6.00 and 8 AM / 8.00 is very important.

And the Kali-bi illness usually starts not with the eyes, nose and face, but directly in the larynx.

They have hoarseness, larynx with a lot of mucus in the larynx.



They want to clear the throat all the time.
It is a stringy whitish like mucus and it takes huge time for somebody to bring it out from the body.

There is a lot of stomach disturbance, gastric disturbances. Nausea and vomiting. Vomiting of a sticky mucus.

With these gastric disturbances they get severe migraines.
So, the stomach is upset, and the migraine is become very high.

And now the keynote symptom: Kali-bi patients in this situation will not allow you to shake hands.

If you look in the repertory soreness of the hand, feel sore bruised. Will not allow to shake the hand. They will shout loudly if you shake hand because they have so much soreness, bruised in the hand.

Another area that is so sensitive is the sole of the foot and therefore they don't want to wear socks, don't wear shoes, they don't want footwear.
This is a key symptom: soreness, bruised pain in the hands and in the feet.

Next stage

Now we will go to another situation because now the condition is becoming worse slowly, slowly. So, on the seventh, eight and the ninth days are the period in which someone succumbs. Because the situation is now going to be very bad.

So first let us discuss the patient. Then we go too materia medica.
So as I told you the patient start coughing, bringing out phlegm, difficulty in breathing, heaviness in the chest, patient looks more toxic, fever becomes high.

And then you get tree things

- respiration failure,
- kidney failure, and
- multi organ failure.

Three things will happen one after another. That is very important.
Let us see how best we can look at this kind of patients who presents to us with this situation. I will now talk about the picture of pneumonia.
So, let us see what the best things are we can have a look at.

In pneumonia you have some characteristic things and the first remedy that comes to my mind in this situation.

What shall I say discuss with you are not general pneumonia remedies, but specifically for the Covid pneumonia.

FERRUM PHOSPHORICUM

Let's start with pneumonia in the begin part of pneumonia and with the end part of pneumonia.

For the beginning pneumonia my favorite remedy I have already given to a dozen patients with Covid pneumonia is Ferrum phosphoricum.

Ferr-p comes very close to Aconitum.

But aconitum is immediate, and Ferr-p is after one or two days. That's the difference.

And characteristic thing that I see in Ferr-p is that it resembles Phosphorus a lot. So, when you start with Ferr-p after a few days you have to give Phosphorus as a remedy.

Basically, you may see a little streak of blood in the sputum that they remove. That is very characteristic.

In Ferr-p you see redness, in Ferr-p you see burning.

Ferr-p comes in a very early stage where you get a dry cough, a very dry often you will see in Ferr-p.

Ferr-p has a hard cough. A hard cough.

René: En hard you mean loud? Did you mean hard cough?

Answer: It will be very irritating to your ear at that time of coughing you will see in Ferr-p

If you inspire very deeply, the cough becomes much more worse in Ferr-p.

It's a very painful cough that's another very characteristic.

And it's worse in the morning after you wake up.

IPECACUANHA

Then in the same period of Ferr-p (starting pneumonia) the pneumonia has just started you will think of a remedy Ipecacuanha.

Ipecac that comes very close. But the Ipecac course is a little slower, slower and a sluggish start.

Usually you will not find a clear-cut indication from the first day in Ipecac the patient to give ipecac.

Right now the weather in Europe is very cold as far as I know but in India it is not so cold. In India you have temperatures of 30 degrees in Europe, I think spring has just started. But spring in Europe is much cooler than our Indian weather. So this is a period of Ipecac when the temperature becoming slightly warmer from the winter season.

The face is very hot and sweaty, so the best thing is to touch the face and use the dorsum of your hand.

The face is hot and sweaty, flushed with a high fever.

The difference is that the belladonna pulse is bounding and full, the Ipecac pulse is never bounding but it is full. So, you put your hand on the pulse there is no bounding.

René: can you explain bounding for not native English speaking people?

Answer: If you place your fingers, your finger will fly away from the wrist, that is bounding. OK.

Then there is a lot of mucus in the chest (lungs), but not as much as in Antimonium Tartaricum there is a rattling sound.

The key symptom keynote is suffocation.
When somebody is coughing there suffocation.

And then when he brings out the phlegm it is stringy and a little bloodstain.
Stringy and a little bloodstain.

Rene: So like Kali-bi?

Answer Yes you can say

And then there is a lot of irritation, a lot of irritation in the nose.

You will see a clean tongue.

They are usually not thirsty with a clean tongue.

DEVELOPPED PNEUMONIA

So, after Ipecac, we are now going to talk about, franc pneumonia which is come into the patient and this is a serious condition.

If you don't treat the pneumonia than the patient will die. Especially when the patient is old about 70 years.

Especially when the patient is immunologically weak, around seventy years old, he has a heart problem, has diabetes, has cancer. So I am talking about those weak patients...

Rene: Can you repeat, some sound disturbance

So, if the patients are weak immunologically with cardiac heart disease, kidney disease, lung disease, cancer, they will succumb to pneumonia very fast.

If you are really going to treat them with homeopathy only, and not with modern medicines, then your skills should be very good.

Now some of the same remedies I discussed in the earlier stage of Covid can again come back here.

BRYONIA

So, I will start with Bryonia since many homeopaths have used Bryonia and I agree with them, there is some indications for Bryonia even in a late stage.

The late stage indications are completely different from the earlier stage and what I told you in the beginning will now not apply here.

What will apply here is, and one more thing you will get very few symptoms, don't think you get 25, 30 symptoms.

So, the tongue is thick, heavy white coating on a dry tongue, that is not on a moister tongue.

So, the tongue is dry and there is a thick, white heavy coating.

The mouth is dry, bitter taste in the mouth, and he wants water.

Finished. This is the first observation that you will see.

They want a lot of cool water. When they drink, they immediately get more sick.

Rene: the sound was not good. You said they desire cold water?

Answer: Yes cold water, but if they drink they will become more sick.

Please be careful when treating a Bryonia case. Don't tell them to drink more water because the more they drink the more they fall sick.

Rene: So, do you mean getting sick the general condition?

Answer: Yes, the general condition becomes worse.

They don't want visitors, they don't want nurses, no doctors, no family because if your annoy them, the temperature increases.

If you do something against their wishes, they start coughing, become more redness, develop more fever.

So that mental state is very, very important not to ennui them. And what the relatives will say? Oh, he is in a very bad mood towards the doctor that is the word they will use that he is in a bad mood.

Rene: That's what a homeopath told me. That he was visiting a woman and the woman was very aggressive and angry towards her husband. She scolded your stupid guy ... when she was normally a calm person.

Yes, yes but in the hospital the nurses tell us the patient is in a bad mood. If someone says like that then I know it is Bryonia case or Bryonia can be one of the remedies.

Now most pneumonia I've seen with Covid is on the right side and Bryonia has right-sided pneumonia.

What I have to look over here is the general symptoms, symptoms and that is any motion aggravates.

Motion of the head, motion of the body, motion of the hand. Anything to do with the motion will aggravate, and in Bryonia it is always right to left.

So, the pneumonia may start in the right lung but finally it will end up in the left side. So that is very important.

They have a severe pain in the chest. That is very important.

They have to hold the chest like this with the two hands, with both hands like this.

So, when they cough it hurts them the maximum. So, they need strong pressure a lot of pressure from the hands in the side.

Then they got problems with the throat, the throat becomes irritated, quiet a lot. They are hot patients

PHOSPHORUS

Now, as I told you in the beginning that after Ferr-p the stage of Phosphorus will appear.

Phos comes like an jet airplane, within 24 hours a full blowing picture of pneumonia comes out.

So usually it is the cold, cold wind, cold weather, exposure to cold, everything cold.

And then there is a tightness in the chest and a dry cough.

This is the picture of Phosphorus cold, tightness in the chest and then from tightness in the chest, next day they start coughing which is dry.



The dry cough turns in to hoarseness in the voice.

Hoarseness in the voice again brings the tightens in the chest, and then he, she becomes breathless and unable to breathe.

This is the Phosphorus cycle and I want to tell you; you can verify this very frequently if you see this type of pneumonia regularly in your practice.

As I told you about phosphorus basically starts with an exposure, an exposure to cold in any form.

Cold weather, cold wind, cold drinks, cold application and with this coldness after a few hours there is a sudden tightness or oppression in the chest, usually starting beginning in the left side but it may progress to the right side,

And then there is a dry cough.

This cough is extremely painful with a little hoarseness maybe loss of voice and then again with the cough the tightness and oppression comes, and this is a whole cycle which phosphorus persons experience the first few days.

And then it directly goes into the lungs, it produces inflammation of the bronchus, alveoli, and the patient begins to cough.

It is a very, very painful cough.

The cough is usually laryngeal.

There can be little blood that comes out.

This is the phase where you have to differentiate with Bryonia.

Because Bryonia is also a painful cough like Phosphorus. The difference is that Phosphorus has a flush on the face.

Phosphorus is more tired and exhausted.

Phosphorus is not as irritable as Bryonia (bad mood).

The skin is hot and moist in Phosphorus while the skin in Bryonia is dry. That is another very important difference.

Phosphorus is more drowsy, more toxic, while Bryonia is still awake, still active, but Bryonia as I said is in a very bad mood.

Phosphorus irritating cough as explained to you in an early stage, has a lot of feeling of rawness and burning in the chest. Like this center area.

Something similar to Spongia that you will see.

After coughing a lot of burning and a lot of rawness, rawness and soreness in the chest.

And as the disease progresses the tongue becomes almost whitish, yellow in color.



The patient is more thirsty and longing for cold drinks, and again Bryonia can come up to differentiate with.

There is a very, very dry mouth but not with the taste like Bryonia.
Bryonia wants plain cold water, phosphorus wants something juicy or something sour a lemon, lemon juice in cold water, that's what phosphorus wants.

Another thing that is very important that we have seen is that the most comfortable position of Phosphorus is not lying down flat, but being propped up straight .
Because if they lie down they get severe difficulty breathing and oppression feeling in the chest. So that's very important and that's why they want to sleep in a semi-inclined position.

Mentally they are a little anxious, but they want company, want support.
They want people to come near them, sit next to them, sleep next to them. Then the anxiety is much better.
The fear is much better and if there is someone to hold his hand, massage his hand you know gentle massage, slow massage this is what phosphorus really love.

So, this is the full picture of phosphorus that I can tell you from my clinical experience with keynotes and differentiation.

VERATRUM VIRIDE

Then comes another type of pneumonia that is very virulent.
This pneumonia then you have to think of death, these are the virulent pneumonias, and prognosis of such pneumonia are very bad.

The first thing you will see in this pneumonia is a high fever and the person goes straight into delirium, delirium. This is very important.

Delirium comes very early.

It quickly comes in less than a few hours and that would be the striking point for Veratrum viride.

During this delirium, they see figures on the wall, the ceiling, figures in the room.
You will see that kind of delirium,
And the temperature is usually very, very high.

Veratrum viride (Verat-v) never have 100F / 37.8 degrees.

The fever is usually 103F / 39.4, 104F / 40, 105F / 40.5C degrees and higher.

We are talking about that kind of pneumonia.

And there are a profuse sweats.



With sweat the temperature are very high, and the sweating does not reduce the temperature, that is a fact.

Many remedies such as Natrium muriaticum, Bryonia we see when the person sweats the temperature goes down. This will never happen in Veratrum viride. This will always be the same.

Then the Bryonia taste has a bitter taste in the mouth with fever. Veratrum viride has a sweet taste in the mouth. You rarely hear this symptom, so it is very characteristic.

Whatever they drink or eat, is abnormally sweet.

With this high fever, high temperature and good amount of thirst.

If you examine the tongue, there is a red streak which goes down the center. When you see the tongue there is a thin red stripe.

Usually when there is snow, when it is winter Veratrum viride pneumonia usually come, I think it is still snowing in some parts of Europe or America, so the Covid cases are there with pneumonia, I think we should think of Veratrum viride, because those are the key symptoms you will see in patients.

CHELIDONIUM MAJUS

Another important thing I have seen in advanced pneumonia patients is the remedy Chelidonium majus.

We never think very easily of Chelidonium in pneumonia, but Chelidonium has a very strong characteristic and that is that these patients have a TOTAL LOSS OF APPETITE, and a kind of discomfort in the chest that they cannot explain.

All the remedies that I have discussed with you so far can explain to you heartburning, constriction, etc. Chelidonium patients cannot explain this kind of symptoms. What they try to explain to you is no appetite, With and then along with this symptom they have liver symptoms.

Now this liver symptom is nausea and vomiting

If the patient is in the hospital and you see the blood chemistry you will see abnormal liver function tests.

Chelidonium affects the right lung when you take an x-ray you can very well see that it is the right lung that is affected,

And then if you are lucky you see that image of the typical fan like motion of the wings of the nose. But you must be really lucky to see this picture by the patient.

Another thing that you see on patients how need Chelidonium is the desire for very warm drinks. Such a craving for very hot drinks is a very characteristic symptom of Chelidonium pneumonia.

So, this are some of the situations the advanced state of pneumonia.

SULPHUR

And the last remedy I want to discuss with you is Sulphur.

You should think as a terminal neglected case, where you have already given many remedies and the case is not progressing for the then think of Sulfur.

Sulfur usually has a crack on the lower lip you know so that's characteristic. They can have herpetic eruptions around the lips also. That is very important.

But the guiding symptom for me in my practice is weakness in the chest like Stannum Metallicum.

Acute weakness in the chest, with acute stabbing pain in the chest.

And cannot lie on the painful side.

Sulfur patients cannot lie on the painful side.

In sulfur it is usually the left lung so they cannot lie comfortably on the left side.

They are very hot patients, they are very thirsty patients.

The sleep is very restless, and they get some dreams, maybe very, very fearful dreams in the sleep.

They have a copious offensive perspiration, that you will see in those patients who need this remedy.

NATRIUM SULPHURICUM

A very close friend of Sulfur is Natrium sulphuricum.

But Nat-s is much more chilly, much more cyanotic, much more icteric, it means jaundice.

This is the mean difference between Sulph and Nat-s.

And another thing is they have severe depression like Bryonia, so these patient are little depressed.

And they have typical occiput headache. Instead of frontal headaches like Bryonia they have occipital or occipital headaches.

Nat-s has his nighttime aggravation after midnight after 3.00 / 3 AM - 4.00 / 4 AM.

These are the aggravation times or aggravation, or maybe between 3 AM to 5 AM.

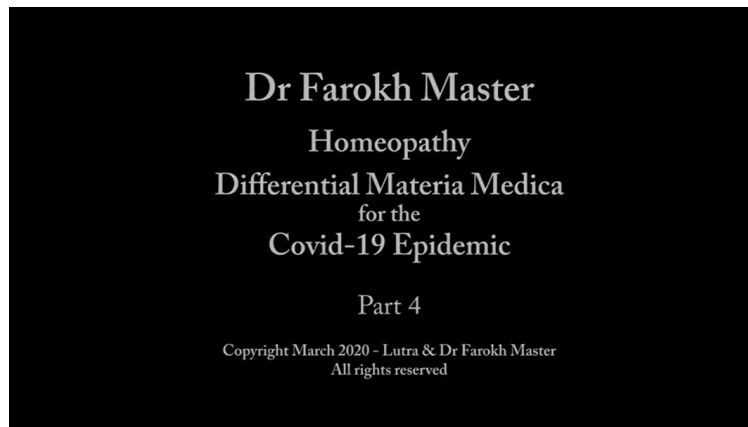
They get a lot of biliousness, so the sputum is like a bile. Or the sputum is like a greenish color, yellowish color.

A fair quantity of sputum will come and make an attempt to cough.

This is a remedy that I wanted to give you in an advanced situation.

Now I will show some remedies from my RadarOpus software that I have used recently in an advanced pneumonia.

Text of webinar part 4



<https://youtu.be/1xq-F3qud3I>

Three remedies which are less known, but which are good to keep in mind with very serious cases.

LOBELIA PURPURASCENS (Lob-p.)



The first mention of this plant was made by Erskine C. White under the name *Lobelia rubra*, corrected later by F. Kopp and E. C. White himself to *Lob. purpurascens*.

I find this remedy very useful in terminal stages of viral illnesses that attacks the lungs, it also has influenza like picture. I have made following additions through

Radar program few years back. I think we can apply this for Covid-19 terminal stages. This medicine acts best when repeated frequently in 1M potency.

- CHEST - DRUMMING heart sounds
- CHEST - INFLAMMATION - Lungs
- CHEST - INFLAMMATION - Lungs - last stage
- CHEST - INFLAMMATION - Lungs - neglected
- CHEST - PARALYSIS - Heart
- CHEST - PARALYSIS - Lung
- CHILL - CHILLINESS
- FEVER - TYPHOID FEVER
- GENERALS - COLLAPSE
- GENERALS - INFLUENZA
- GENERALS - SEPTICEMIA, blood poisoning
- GENERALS - SEPTICEMIA, blood poisoning - ailments from
- GENERALS - WEAKNESS - acute diseases - during
- GENERALS - WEAKNESS - nervous - influenza; after
- HEAD - PAIN - accompanied by - nausea
- HEAD - PAIN - influenza - during
- MIND - COMA
- MIND - CONFUSION of mind
- MIND - DELIRIUM - sopor, with
- MOUTH - DISCOLORATION - Tongue - white
- MOUTH - PARALYSIS - Tongue
- RESPIRATION - ACCELERATED
- RESPIRATION - SLOW
- RESPIRATION - STERTOROUS
- RESPIRATION – SUPERFICIAL

Symptoms of terminally ill, last stage Covid-19 patients, collected from all over the world

MIND - COMA

MIND - CONFUSION of mind

MIND - DELIRIUM - sopor, with

VERTIGO - ACCOMPANIED BY - Head - pain in head

HEAD - PAIN - accompanied by - nausea

HEAD - PAIN - influenza - during

MOUTH - DISCOLORATION - Tongue - white

MOUTH - PARALYSIS - Tongue

RESPIRATION - ACCELERATED



RESPIRATION - SLOW
 RESPIRATION - STERTOROUS
 RESPIRATION - SUPERFICIAL
 CHEST - DRUMMING heart sounds
 CHEST - INFLAMMATION - Lungs
 CHEST - INFLAMMATION - Lungs - last stage
 CHEST - INFLAMMATION - Lungs - neglected
 CHEST - PARALYSIS - Heart
 CHEST - PARALYSIS - Lung
 SLEEP - SLEEPINESS
 CHILL - CHILLINESS
 GENERALS - COLLAPSE
 GENERALS - INFLUENZA
 GENERALS - SEPTICEMIA, blood poisoning
 GENERALS - SEPTICEMIA, blood poisoning - ailments from
 GENERALS - WEAKNESS - acute diseases - during
 GENERALS - WEAKNESS - mental exertion - agg.
 GENERALS - WEAKNESS - nervous - influenza; after

Repertorisation clearly shows –
Lobelia purpurescens

	lob-p.	lach.	phos.	ars.	carb-v.	ant-t.	gels.	lyc.	bell.	sulph.	calc.	chin.	apis	cupr.	sil.
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
27	22	22	22	21	21	21	20	19	19	19	19	19	19	19	19
45	44	42	41	43	38	37	39	43	38	35	34	32	32	32	32
1	2	1	1	1	1	1	1	2	1	1	1	2	3	1	
1	3	2	2	3	2	2	2	3	2	3	2	1	2	3	
1	1	1	-	-	2	1	-	1	-	-	-	2	-	-	
1	2	2	2	1	1	2	1	3	1	3	1	3	2	3	
1	2	2	2	2	1	1	1	2	2	1	1	1	2	1	
1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
1	2	2	3	2	2	2	3	3	3	3	2	2	1	2	
3	2	-	1	1	-	3	3	2	-	3	-	2	2	2	1
1	1	3	3	3	3	3	3	3	3	1	2	1	3	2	
2	2	1	1	-	1	2	1	3	1	1	1	2	1	1	
3	2	1	2	2	2	2	2	1	2	2	2	2	2	1	-
3	1	3	2	1	2	1	1	3	1	1	2	1	1	1	
3	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
1	2	3	3	3	3	2	3	2	3	2	2	2	2	2	2
2	1	2	1	1	2	-	2	-	2	-	-	-	-	1	
2	2	2	1	1	2	-	3	-	3	1	1	-	-	3	
1	3	2	1	3	2	2	-	2	-	-	-	-	2	-	
3	3	2	2	3	3	2	3	2	1	2	3	-	1	-	
1	3	3	3	3	3	2	2	3	3	2	3	3	1	2	
1	1	2	2	3	1	2	3	3	3	3	2	2	1	2	
3	2	2	3	3	2	2	1	-	1	1	3	1	2	2	
3	1	1	1	1	1	2	1	2	2	1	1	1	1	2	
1	3	2	3	3	1	1	2	1	2	1	1	2	-	1	
1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
1	-	2	1	2	1	1	-	-	-	-	2	1	1	1	

SOLANINUM ACETICUM

This remedy was introduced to me when I was reading *Materia medica* of Dr Margret Tyler. Since then I have used this remedy for last 40 years with excellent results especially when the mucus gets clogged up into the fine bronchioles thereby producing Acute Respiratory Distress Syndrome (ARDS).

The symptoms that I have added in software Radar have been confirmed by me in cases of pneumonia and ARDS. I feel we can apply this in cases of terminally ill last stage Covid-19 patients

CLARKE

An alkaloid obtained from various Solanums, especially *S. dulcamara* and *S. nigrum*; also, from the Potato plant, *S. tuberosum*.

Respiratory organs:

Hoarseness.

Respiration: slow; superficial; difficult; oppressed; distressed, esp. on inspiration.:

Decreased frequency of respiration in inverse proportion to increase of pulse.

Moist rattle during inspiration.

Frequent violent outcry (from action on medulla oblongata).

Masses of mucus in larger air-passages (postmortem).

Paralysis of respiration.

Chest:

Convulsions of muscles of thorax, with which were soon associated tonic spasms of extremities, at first gentle, gradually increasing, and a short time before death suddenly attaining an enormous height; agg. by touch.

Heart:

Pulse: increased in rapidity; weak; thready.

Pulse and respiration slowed.

Increased pulse rate; respiration slowed.

Post-mortem, rigidity of heart muscle, all its cavities full of dark, cherry-red coagulated blood.

BLACKWOOD

This remedy has some reputation in albuminuria, but its field of usefulness is in threatened paralysis of the lungs in the aged and in children; Old people have to cough for a long time to raise the sputum.

My addition in RadarOpus Program are:

- CHEST - ATELECTASIS
- CHEST - CONGESTION - Lungs
- CHEST - CONGESTION - Lungs - passive congestion
- CHEST - DROPSY
- CHEST - EDEMA; PULMONARY
- CHEST - EFFUSION
- CHEST - EFFUSION - Pericardium
- CHEST - EFFUSION - Pleural exudate
- CHEST - HEART failure - accompanied by - Lungs; edema of
- CHEST - INFLAMMATION - Bronchial tubes
- CHEST - INFLAMMATION - Bronchial tubes - accompanied by - violent complaints
- CHEST - INFLAMMATION - Bronchial tubes - acute
- CHEST - INFLAMMATION - Bronchial tubes - bronchopneumonia
- CHEST - INFLAMMATION - Lungs - gram-negative bacilli
- CHEST - INFLAMMATION - Lungs - klebsiella
- CHEST - INFLAMMATION - Lungs - old people
- CHEST - INFLAMMATION - Lungs - paralysis, approaching
- CHEST - INFLAMMATION - Lungs - viral
- CHEST - MUCUS - Bronchial tubes
- CHEST - MUCUS - Lungs
- CHEST - NOISES - abnormal
- CHEST - NOISES - rhales - lungs - base
- CHEST - PARALYSIS - Heart
- CHEST - PARALYSIS - Lung
- GENERALS - PULSE - frequent
- GENERALS - PULSE - slow
- GENERALS - PULSE - small
- RESPIRATION - ACCELERATED
- RESPIRATION - SLOW
- RESPIRATION - SUPERFICIAL

MUSTARD GAS (dchlo-de-s.)

Mustard gas is the organic compound with formula $(\text{ClCH}_2\text{CH}_2)_2\text{S}$.

The subtended report on Mustard Gas Experiments, was done by Dr. R.B. Lawrence.

The Drug Proving and Research Committee of the Faculty of Homoeopathy, London, also conducted a proving under the able and energetic guidance of W.L. Templeton.

I have been using this remedy chiefly for burns and pemphigus and its replica remedy in homoeopathy is Mezerium. However, it is very useful when lung becomes weak due to severe congestion as in pulmonary edema, accompanied by breathlessness and cough.

This gives me an idea for its use in cases of COVID -19 terminal stage (I recommend to try it if the symptoms match).

Here are all my additions to Synthesis repertory which will come available in the RadarOpus software. Here are only the rubrics related to Chest and Respiration:

RESPIRATION - ASPHYXIA

RESPIRATION - DIFFICULT

RESPIRATION - DIFFICULT - edema, pulmonary

RESPIRATION - IMPEDED, obstructed

CHEST - CONGESTION - Lungs

CHEST - HEPATIZATION of lungs

CHEST - HEPATIZATION of lungs - accompanied by - congestion of lungs

CHEST - INFLAMMATION - Bronchial tubes

CHEST - MUCUS - Bronchial tubes

CHEST - MURMURS - respiratory murmurs

CHEST - PAIN - burning

CHEST - PARALYSIS - Lung

CHEST - PARALYSIS - Lung - catarrh; from

CHEST - PARALYSIS - Lung - congestion; from

	dchlo-de-s.	phos.	sulph.	ant-t.	bell.	nux-v.	ars.	acon.	carb-v.	chin.	spong.	hf
1	2	3	4	5	6	7	8	9	10	11	12	
14	10	10	9	9	9	8	8	8	8	8	8	8
30	21	18	21	15	13	19	16	15	15	15	14	
2	-	-	3	1	1	2	1	1	1	-	-	
2	3	3	3	2	2	3	2	3	3	3	3	
3	-	-	-	-	-	-	-	-	-	-	-	
2	1	2	1	1	1	2	1	1	1	2	1	
2	1	2	-	2	1	-	2	1	-	-	-	
2	3	3	1	-	2	-	-	-	-	2	2	
2	-	-	-	-	-	-	-	-	-	-	-	
2	3	2	3	2	2	3	2	2	1	3	3	
2	-	-	2	-	-	-	-	-	-	-	-	
2	2	1	-	1	-	-	-	-	-	-	2	
2	2	2	2	2	2	3	2	3	1	2	1	
3	2	1	3	2	1	2	3	3	3	1	1	
2	1	1	3	-	-	3	-	1	2	1	1	
2	3	1	-	2	1	1	3	-	3	1	-	

If you then repertories these rubrics you will see below dichloro-diethyl- sulphide will be prominent with the other remedies also shown.

Generals – Multiple Organ Dysfunction Syndrome

The following rubric from Farokh will be updated with Farokh's latest experiences, and will added to the next edition of the Synthesis repertory.

GENERALS –

Multiple Organ Dysfunction Syndrome

(Multiple Organ Failure)

am-c., ant-t., apoc., arn., both., cact., camph.,
carb-v., carbn-o., crot-h., cupr., cyclop., dig.,
glon., hydr-ac., iod., kali-c., lach., lat-m., laur.,
lyc., lycps-v., naja, op., sec., tab., verat.,
verat-v., vip.

Other sources

Some useful literature titles available in RadarOpus

- Borland - Influenzas (bl3)
- Borland - Pneumonias (bl4)
- Clarke - The prescriber (c8) - Catarrh, - Pneumonia, - Influenza.
- Tyler - Pointer to the common remedies (tl2) - remedies for common cold, - Influenza, etc.
- Tyler - Acute conditions (tl3) - Influenza, - Chest meds. Bronchitis, pleurisy, pneumonia. etc.
- Hering - The Homeopathic Domestic Physiscian (hr4): lees diverse hoofdstukken, mn affections of the chest - chough, - bronchitis, colds etc.
- Lilienthal's - Homeopathic Therapeutics (ll1), o.a. Febris hectica (sterk wisselende koorts), The section on influenza (42 remedies), the section on cough (170 remedies), section on pneumonia (65 remedies) are discussed.

Repertory additions

Check in RadarOpus* v 2.2 the **Content Updater** to receive the repertory additions from Farokh Master of the three remedies mentioned above. The additions will be added automatically to your Synthesis repertory.

To open the Content Updater:

- Go to the menu bar HELP
- Then select SEARCH FOR CONTENT UPDATES

(*) You need minimal RadarOpus Silver, and version 2.2.xx

André Saine

Another great source about homeopathy and the Corona pandemic: [see from André Saine a webinar](#) and the webinar notes.

Farokh Master

- [Website of Dr Farokh Master](#)
- [Website of Classical Homeopathy E-Learning courses](#)

